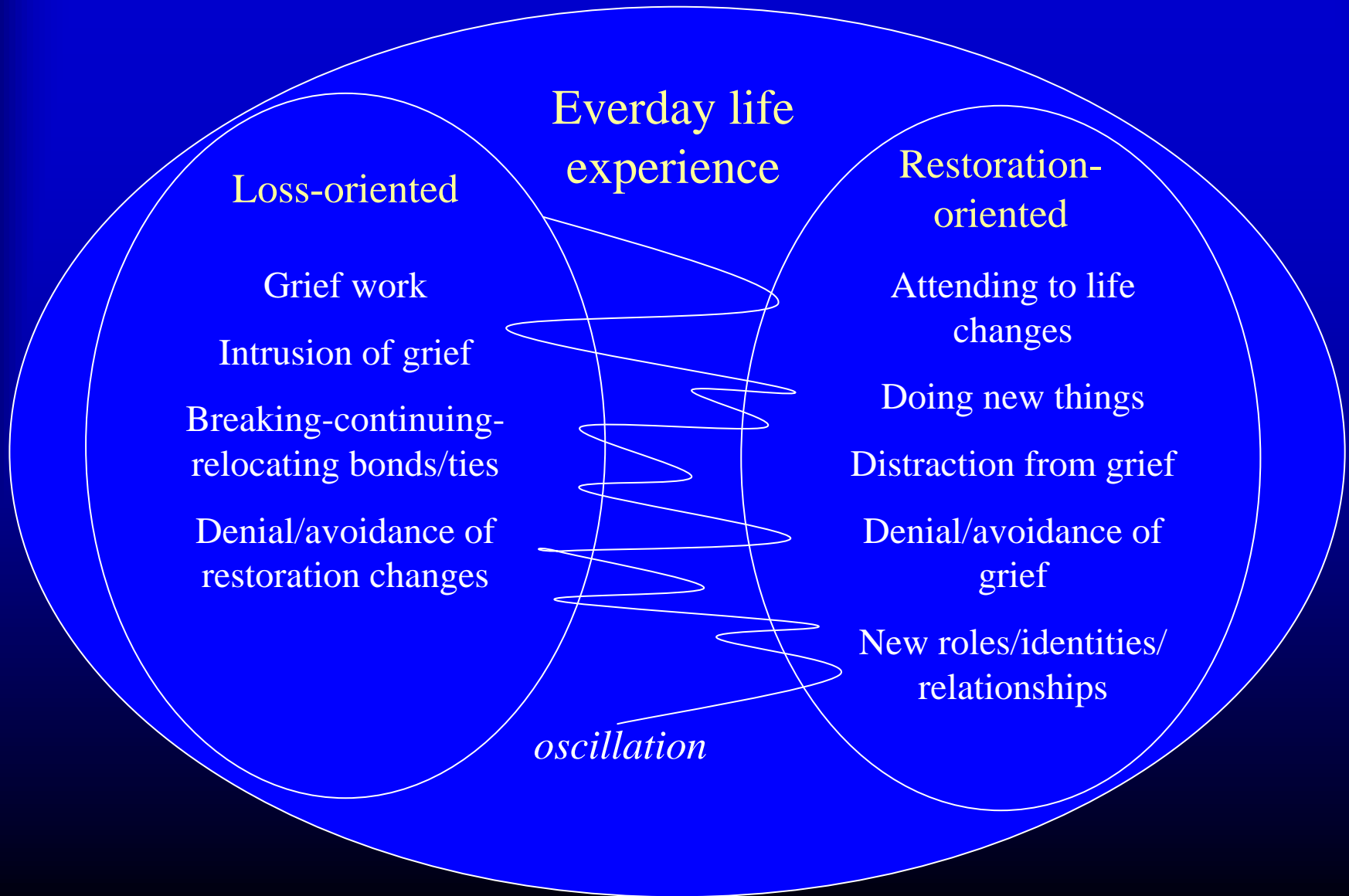


# Loss history:

- *What is my loss history?*
- *Have I processed it?*
- *How?*



# The Dual Process Model of Coping with Bereavement (Stroebe, Schut, & Shoebe, 1999)

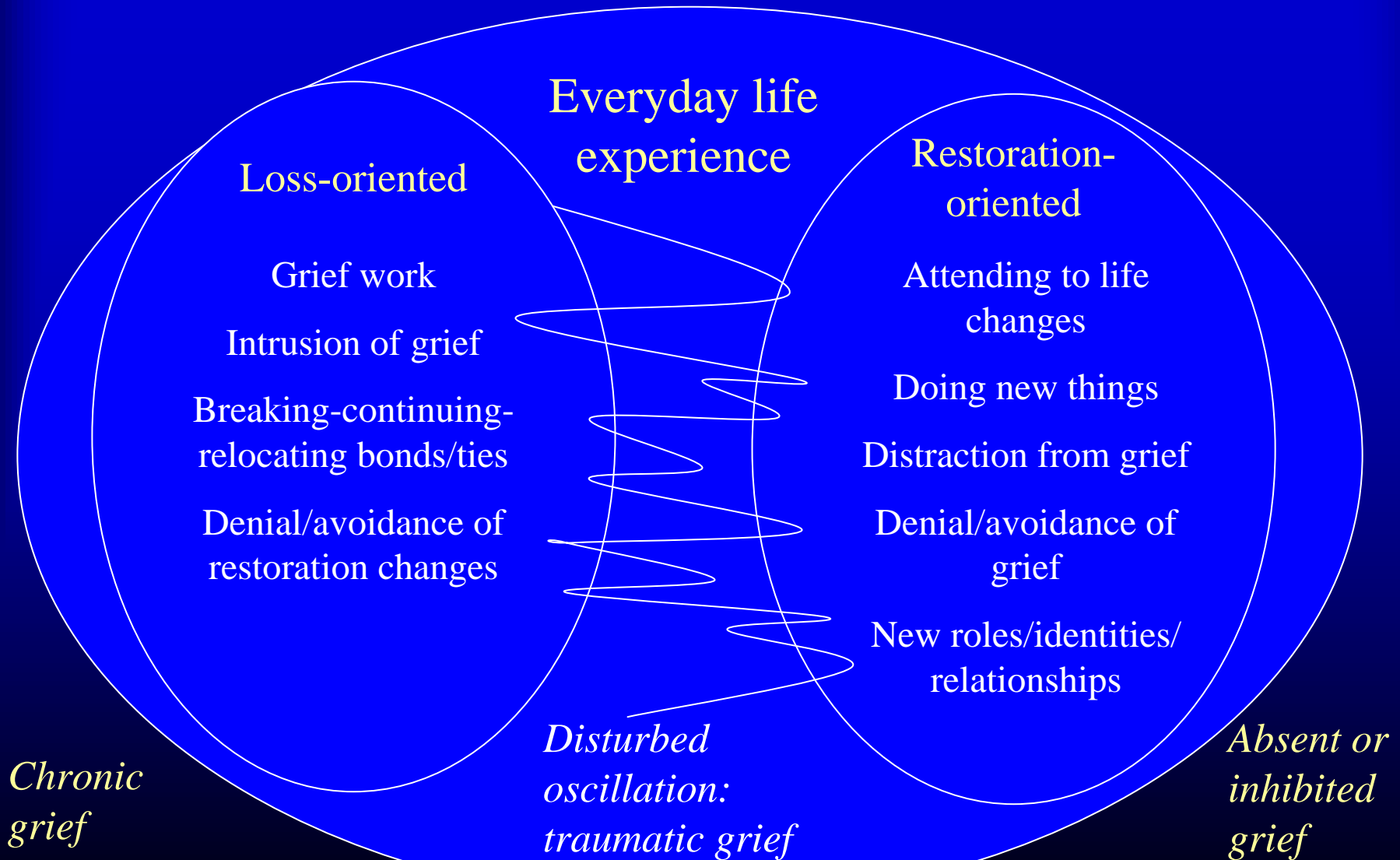


# Emotions in the everyday experience

- *Anger*
- *Resentment*
- *Hurt*
- *Fear*
- *Guilt*
- *Regret*



# The Dual Process Model of Coping with Bereavement: Normal & Complicated Grief



# **Determinants of Grief Response**

## **(William Worden 2001)**

- *Who the person was*
- *The meaning/nature of the attachment:*
  - **The strength of the attachment**
  - **The security of the attachment**
  - **The ambivalence in the relationship**
  - **Conflicts with the deceased**
  - **Dependent relationships**

# **Determinants of Grief Response**

**(William Worden 2002)**

- *The mode of death:*
  - **Geographical proximity – near or far away**
  - **Suddenness or unexpectedness**
  - **Violent/traumatic deaths**
  - **Multiple losses ('bereavement overload')**
  - **Preventable deaths**
  - **Ambiguous/uncertain deaths**
  - **Stigmatized deaths (eg. suicide, abortion)**

# Determinants of Grief Response

(William Worden 2002)

- *Historical antecedents:*
  - Previous losses and how they were grieved
- *Personality variables:*
  - Age and gender of the mourner
  - Style of coping – active or passive
  - Attachment style
  - Cognitive style
  - Ego strength – self-esteem and self-sufficiency
  - Beliefs and values (assumptive world)

# Determinants of Grief Response

(William Worden 2002)

- *Social variables:*
  - Support availability
  - Support satisfaction
  - Social role involvements
  - Religious resources and ethnic expectations
- *Concurrent stresses – secondary losses*